



# ISTDP NEDERLAND

Invites you to a one-day seminar with

## **Dr. Jonathan Entis** **Working with Defiance and Compliance in ISTDP**

Date: Friday the 5th of September 2025

Location: De Meern, Utrecht, The Netherlands

ISTDP Nederland is pleased to welcome dr. Entis to the Netherlands as a guest teacher and supervisor to our ongoing IEDTA certified Core Group Training. We are also very happy for the opportunity to be able to offer this one day seminar with dr. Entis to all therapists interested in increasing their knowledge and skill in ISTDP.

**About ISTDP:** Intensive Short-Term Dynamic Psychotherapy or ISTDP is an intensive, emotion focused psychotherapy, developed to address factors that may block the effectiveness of traditional treatment. ISTDP works by rapidly diagnosing and managing treatment resistance and complexity through handling of defenses and building necessary emotional capacities. Through this front-end work, underlying memories and feelings about attachment trauma can be experienced and processed. ISTDP has a robust and steadily growing research basis demonstrating that it is effective and cost effective with anxiety, somatic, depressive, and personality disorders.

**About the seminar:** Defiance and compliance can be some of the most challenging aspects of resistance to work with as an ISTDP therapist. In this 1-day seminar, Jonathan Entis, PhD, will present on how to respond to these nearly universal defenses while maintaining a strong alliance. The presentation will consist of didactics and extensive video of actual therapy sessions from Jonathan's practice.



**About the Presenter:** Jonathan Entis, Ph.D., is a licensed psychologist in private practice in Rome, Italy, and Cambridge, Massachusetts, U.S.A. He is on the faculty of Harvard Medical School, where he teaches in ISTDP. He is an IEDTA-certified supervisor and teacher and has presented both nationally and internationally, including in Italy, Norway, Sweden, Finland, the Netherlands, Denmark, and the States. Jonathan leads multiple international Advanced Core Training Groups in ISTDP, including in Denmark, the Netherlands, and Italy. He is also a co-author with John Rathouser and Mikkel Reher-Langberg on the upcoming book, *Fundamentals of Davanloo's Intensive Short-Term Dynamic Psychotherapy, Volume I*.

**About ISTDP Nederland:** We are a platform for Dutch ISTDP therapists and trainees. We organize courses and training in ISTDP for practitioners off all levels. An important part of this is our IEDTA certified Core Group Training, which was originally started with Dr. Habib Davanloo, and is currently running for the 12<sup>th</sup> time. The seminar that we present here is part of this ongoing training. Linked to ISTDP Nederland is the Stichting Kortdurende Psychotherapie (Foundation for Short-Term Psychotherapy) which manages the Dutch register of ISTDP therapists. See also: [ISTDP-Nederland.nl](http://ISTDP-Nederland.nl)



**Practical information:** We hope to welcome you on Friday the 5th of September in De Meern near Utrecht (conveniently located in the middle of the country). The venue can easily be reached by public transport (train station 1,4 km away, bus stop 6 min walking away) and car. Free parking is available at 5 minutes walking distance. Cost of the seminar is €300 euro. This includes admission, coffee/tea, snacks and a tasty lunch.

**Extra:** We offer a limited number of observer spots on the supervision day on the 6<sup>th</sup> of September (same location). The admission price to attend the supervision day as an observer is €150.

**Time table:**

08.30 - 09.00	Registration
09.00 - 11.00	Presentation/video
11.00 - 11.30	Coffee/tea break
11.30 - 13.00	Presentation/video
13.00 - 14.00	Lunch break
14.00 - 15.30	Presentation/video
15.30 - 16.00	Coffee/tea break
16.00 - 17.00	Reflections and questions

**For whom:** Registered (mental) health professionals. Some basic knowledge of ISTDP and/or psychodynamic principles is assumed as the seminar is part of an ongoing training.

**Language:** The seminar will be in English.

**Confidentiality:** As the presentations will contain personally sensitive material, the course is for health professionals only, under an oath of confidentiality.

**Accreditation:** We will apply for CE credits for Dutch practioners (FGzPt, NVP, NVVP)

**Address:** Rare Jongens, Het Zand 52, 3454 PB, Utrecht

**Questions:** [istdpworkshop@gmail.com](mailto:istdpworkshop@gmail.com)

**Registration:** Please see our website [ISTDP-Nederland.nl](http://ISTDP-Nederland.nl)